

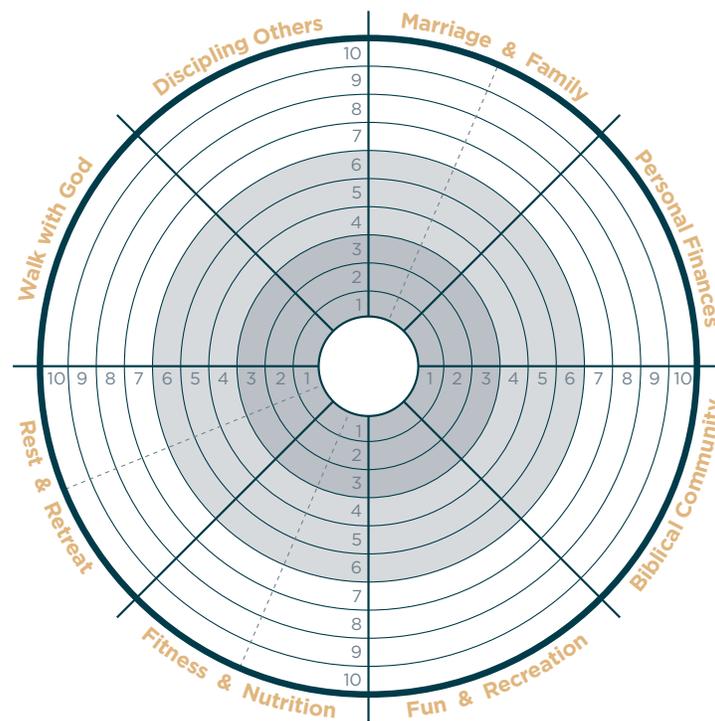
C12's Life & Leadership Balance Wheel

*An Assessment
Tool for an
Abundant Life*



The Measure of Success

God did not call you into a “pie chart life,”¹ in which you segment the areas you think He can influence and those you think He cannot. He wants you to invite Him into every area of your life so that your whole, integrated life reflects Him and brings Him glory. C12’s Life & Leadership Balance Wheel is a diagnostic tool that helps you reflect on the key areas of your life that God calls you to steward, as you will be assessed on them one day.² The Balance Wheel also serves as an accountability tool for your peers, helping you stay on track.



As a results-driven leader, you rightly emphasize the principle attributed to Peter Drucker that “what gets measured gets managed.” When you gather to evaluate your life and leadership using the Balance Wheel, you have the opportunity to honestly assess where you can make improvements.

With this in mind, you can approach the following assessments with confidence, knowing that drawing your attention to these critical aspects of your life marks the first step in your journey of improvement.

¹ Brant Hansen, *Unoffendable: How Just One Change Can Make All of Life Better* (Nashville: W. Publishing Group, 2015), 59.

² Romans 14:12; 2 Corinthians 5:10; 1 Peter 1:17-19.

Balance Wheel Audit

Read the descriptions below for each area of the Balance Wheel and mark the box beside each statement that best reflects your life and habits. Then, assess your gaps and define a goal for how you would like to improve in that area.

+ Usually	+/- Sometimes	- Rarely
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Walk with God

Our walk with God is our personal relationship with Him, which is intended to be the primary relationship of our lives.³ Walking with our greatest Friend, we enjoy the blessings of listening to Him, sharing our concerns and joys with Him, receiving His help and encouragement, and expressing our love for Him.⁴ We need to nurture our relationship with God to remain close to Him, as we would with any other relationship.⁵ As we walk in step with Him, our desires will grow more in alignment with His will.

“You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment.” —Matthew 22:37-38

	+	+/-	-
I begin and end my day in dedicated time with the Father. ⁶			
I read and meditate on God’s Word daily.			
I talk with God in prayer throughout my day.			
I reserve time for other spiritual practices (i.e., meditation, silence, solitude, etc.) throughout the year.			
I seek God’s will in my decisions.			
I see the fruit of the Spirit growing in my life. ⁷			

My goal for my Walk with God is:



Priorities are what we do; everything else is just talk.

—Buck Jacobs

³John 15:5.

⁴Matthew 7:7-10; Billy Graham, “What Does It Mean to Walk with God?,” Answers by Billy Graham, Billy Graham Evangelistic Association, November 3, 2017, <https://bit.ly/3BMtVDO>.

⁵James 4:8. See also Lilian Radke’s CURRENT’19 talk, “Scaling 10X Without Going Crazy” (<https://bit.ly/3PEInH2>).

⁶ See *The Most Important Hour*, by Buck Jacobs, for a quiet-time journal and method available from C12 (<https://bit.ly/3Cmnbhz>).

⁷ Galatians 5:22-23.



Discipling Others

As Christians, our responsibility to further the Kingdom of God is twofold: *evangelism*—introducing others to the truth of the gospel—and *discipleship*—teaching Christians how to follow Jesus and obey God’s commands.⁸ The essence of discipleship is found in the question, “Are we engaged in teaching others to follow Jesus as we are learning to follow Him ourselves?” When someone first becomes a Christian, he or she needs help learning how to think, feel, and act in order to grow into a mature follower of Jesus who can then make disciples.⁹ If Jesus instructed His followers to create disciples, and a disciple is defined as someone who follows their master’s guidance, then can we truly consider ourselves to be disciples if we are not actively making disciples?

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you.” —Matthew 28:19–20

	+	+/-	-
I pray for others’ salvation.			
I faithfully share the gospel with unbelievers.			
I make an intentional effort to encourage specific individuals in their faith.			
The truth of Christ is the foundation of my spiritual mentorship.			
I help believers mature in their faith.			

My goal for Discipling Others is:



Marriage and Family

For those who are married, the relationship with our spouse ranks as our most important relationship next to our relationship with God.¹⁰ Paul describes the bond between a husband and wife as illustrative of the covenant relationship between Christ and the Church.¹¹ Additionally, we are biblically responsible for stewarding relationships with our children¹² and our parents.¹³ Other family members follow in importance. In some situations, family responsibilities may also include managing relationships with siblings and extended family.

“However, let each one of you love his wife as himself, and let the wife see that she respects her husband.” —Ephesians 5:33

	+	+/-	-
I date my spouse regularly and love them as Christ instructs. ¹⁴			
I prioritize quality time with my spouse and children.			
I invest in my family spiritually, leading at home as diligently as I do in business.			
My family would agree that I balance my time and focus.			
I am intentional about honoring my parents.			

My goal for my Marriage and Family is:

⁸ John Piper, “What Is Discipleship and How Is It Done?,” *Desiring God*, January 25, 2016, <https://bit.ly/3CmogG9>.

⁹ Acts 18:24–26; 2 Timothy 2:1–7; Titus 2:2–3.

¹⁰ Watch Kris DenBesten’s CURRENT’21 talk, “Turning Over Ownership” (<https://bit.ly/3OCwgaN>) and Emerson Eggerichs’s CURRENT’19 talk, “Marriage in High Stress, High Growth, High Mission Leadership” (<https://bit.ly/44HyhZm>).

¹¹ Ephesians 5:22–33; 1 Peter 3:7.

¹² Proverbs 22:6; Ephesians 6:4. See also Jason Brown’s CURRENT’23 talk, “Our Father’s Business” (<https://bit.ly/3RoH3Z9>).

¹³ Exodus 20:12; Ephesians 6:1–3.

¹⁴ Ephesians 5:22–23.



Personal Finances

All of our resources come from and belong to God. Stewarding our resources is more than just tithing 10% of our income; stewardship encompasses 100% of what He places in our hands.¹⁵ God cares about how we manage, save, spend, and give.¹⁶ Our goal is that He would consider us “good and faithful,” just as the master considered the good steward in the parable of the talents.¹⁷

“Honor the Lord with your wealth and with the firstfruits of all your produce.” —Proverbs 3:9

	+	+/-	-
My money management reflects God’s values.			
I tithe, save, and maintain a positive cash flow.			
I am free of consumer debt.			
I give sacrificially and cheerfully.			
My giving is a natural outpouring of what God has graciously given to me.			

My goal for my Personal Finances is:



Biblical Community

Over the past few years, many people have reduced their social interactions and stopped attending church in person, but God desires us to experience life with Him and with others. Authentic relationships help us overcome self-dependence, isolation, and superficial socializing by offering compassion, encouragement, and accountability.¹⁸ It is only in community with other Christians that we can fully experience the blessings of life in Christ.¹⁹

“And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.” —Hebrews 10:24-25

	+	+/-	-
I regularly attend worship services in person.			
I am an active member of a small group or Bible study that provides accountability.			
My C12 Business Forum peers would say that I am growing as a person and as a leader.			
I make time to meet regularly with Christian friends to discuss our lives and pray together.			
I enjoy healthy, transparent relationships with other followers of Jesus.			

My goal for Biblical Community is:

¹⁵ Psalm 37:21; Matthew 6:24; 2 Corinthians 9:7-8; 1 Timothy 5:8; 6:6-10, 17-19; Revelation 3:17.

¹⁶ See the books *God and Money: How We Discovered True Riches at Harvard Business School*, by John Cortines and Gregory Baumer, and *The Treasure Principle*, by Randy Alcorn.

¹⁷ Matthew 25:14-30.

¹⁸ Hebrews 3:13.

¹⁹ See Psalm 133:1; Proverbs 27:17; Romans 12:4-5; Ephesians 4:15-16.



Fun and Recreation

Scripture encourages us to have a joyful heart.²⁰ We must be careful to avoid the trap of being “all work and no play” or striving to do life *for* God to the exclusion of enjoying life *with* Him.²¹ A critical element of a healthy, balanced life is a rhythm of recreation that brings us joy and refreshment. As God’s children, we are made in His image, each with unique interests and abilities, and He is delighted when we enjoy the gift of His good creation.²²

“And I commend joy, for man has nothing better under the sun but to eat and drink and be joyful, for this will go with him in his toil through the days of his life that God has given him under the sun.”
—Ecclesiastes 8:15

	+	+/-	-
I regularly make time to enjoy hobbies or recreational activities.			
My family and I do fun things together.			
Those closest to me would say that I let myself have fun.			
I have a regular cadence of pursuing physical and emotional renewal.			

My goal for Fun and Recreation is:

Fitness and Nutrition



God created our physical bodies to be the vessels of His Spirit that accomplish His purposes. Self-care is not self-centered when it is done to care for the body entrusted to us by God and inhabited by the Holy Spirit.²³ We honor God with our bodies²⁴ when we take care of them through exercise, rest, nourishing foods, and health care in order to function as He designed.²⁵

“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.”
—1 Corinthians 6:19-20

	+	+/-	-
I have an intentional plan in place for managing my caloric intake and ensuring balanced nutrition.			
My exercise routine or physical activity is frequent and consistent.			
I am maintaining a healthy weight and feel good physically.			
I have routine physical exams.			

My goal for my Fitness and Nutrition is:

²⁰ Proverbs 17:22.

²¹ Ecclesiastes 2:22-25.

²² Ecclesiastes 3:12-13; 5:18-20.

²³ Daniel 1:8-21; 1 Corinthians 3:16; 9:24-27.

²⁴ See the C12 video “The Transformative Power of Faith, Food, and Fitness” (<https://bit.ly/488ODx2>).

²⁵ See the video “C12 Group’s 2015 National Leaders Conference – Managing Workplace Healthcare,” by Bill Cox, James Ogletree, and Todd Thames (<https://bit.ly/3QGqNIZ>).



Rest and Retreat

We should not feel guilty about taking time away from our work responsibilities when needed. God created us with human limitations that require both rest and retreat for us to flourish. He calls us away from our times of labor with an invitation to fellowship with Him and receive His love, healing, peace, and guidance.²⁶ Rest restores us and guards against exhaustion.²⁷ Retreat combats the temptation of pursuing busyness. Jesus modeled both rest and retreat during His time on earth.

“Do not toil to acquire wealth; be discerning enough to desist.” —Proverbs 23:4

	+	+/-	-
I sleep at least seven hours each night.			
I build margin into my day so that I can care for my body, mind, soul, and spirit.			
My weekends include intentional times for Sabbath rest and restoration.			
My weekdays include short windows for silence and solitude.			
My calendar has regular times for intentional retreat (i.e., extended time with God) outside normal daily rhythms.			

My goal for Rest and Retreat is:



In which area are you most pleased with your progress? What wins can you celebrate?

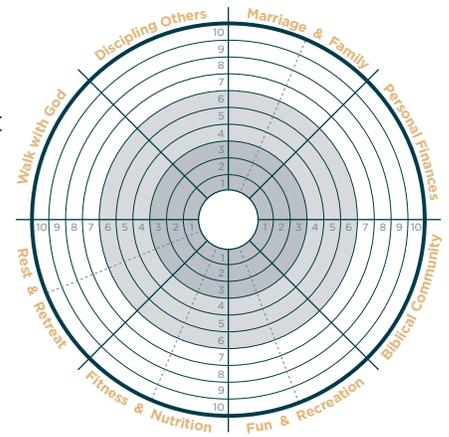
In which area would you like to see the most growth? What steps do you plan to take to achieve that growth?

²⁶ Matthew 11:28-30; Mark 6:30-31.

²⁷ Exodus 20:8-11; Psalm 127:2; Isaiah 30:15. See the book *Practicing the King's Economy: Honoring Jesus in How We Work, Earn, Spend, Save, and Give*, by Michael Rhodes and Robby Holt.

Personal Balance Wheel Worksheet

Perfection is not attainable or sustainable, but aiming for a “perfect 10” in each area of the Balance Wheel embraces a continuous journey toward a more abundant life. Meditate on the following questions and complete the table with realistic but ambitious goals that will help you reach your end-of-year vision.



- What would success look like in each area of my life?
- What is a skill I need to learn, a change I need to make, or a habit I need to break in order to grow in my likeness to Jesus?
- Which of these desired outcomes is most critical for me to achieve? Indicate the top three priorities.

Top Priorities (1-3)	Area of the Balance Wheel	Desired Outcome What does success/health look like?	Action Steps How will my growth be measured and achieved?	Accountability How will I be held accountable for achieving this goal?
	Walk with God			
	Discipling Others			
	Marriage			
	Family			
	Personal Finances			
	Biblical Community			
	Fun and Recreation			
	Fitness			
	Nutrition			
	Rest			
	Retreat			